

EMSUK LEARNING – WINTER VULNERABILITY PRF GUIDE



HOME TEMPERATURE & ENVIRONMENT

- ☐ Property cold (<18°C). ☐ Radiators working. ☐ Heating in use.
- ☐ Damp/condensation present. ☐ Windows/doors sealed

SOCIAL & SUPPORT

- ☐ Lives alone. ☐ Carers attending. ☐ Family support. ☐ Evidence of isolation

FALLS & MOBILITY

- ☐ Recent falls. ☐ Trip hazards present. ☐ Mobility aids used. ☐ Long-lie risk

FOOD, HYDRATION & NUTRITION

- ☐ Adequate food supply ☐ Eating regular meals. ☐ Hydration concerns. ☐ Self-neglect suspected

MEDICATION & COMPLIANCE

- ☐ Meds in date. ☐ Missed doses. ☐ Correct inhaler use. ☐ Needs dosette/carers support

FINANCIAL BARRIERS

- ☐ Avoiding heating due to cost ☐ Able to afford food. ☐ Concerns re: prescription costs

SAFEGUARDING CONCERNS

- ☐ Self-neglect ☐ Environmental risk. ☐ Vulnerability. ☐ Falls risk. ☐ Carer breakdown
- ☐ Isolation

ACTIONS TAKEN BY CREW

REFERRALS MADE

☐ Social services

☐ Community paramedic

☐ District nurses

☐ GP update

☐ Mental health team

☐ Falls team

☐ Other: _____

CREW CLINICAL IMPRESSION

PLAN & DISPOSITION

☐ Left at home with referrals

☐ Conveyed

☐ Safety-netting provided

☐ Welfare check requested